



Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast

\$1.50

Adult Breakfast

\$2.00

Reduced Breakfast

\$0.30



NUTRITION NEWS:

Eat the Colors of the Rainbow Week

Did you know that by eating a variety of colorful fruits and vegetables you are able to get a variety of different vitamins and minerals? Each vitamin and mineral gives you a special "superpower" or benefit! For example, that orange pigment in carrots and sweet potatoes otherwise known as beta-carotene aids in keeping good eye health and vision. This April, challenge yourself to eat a variety of different colored fruits & vegetables...your body will thank you later!

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Spring Recess! School Closed				
9 Assorted Breakfast Bars Assorted Fruit 100% Fruit Juice Milk Selection	10 Breakfast Rings Assorted Fruit 100% Fruit Juice Milk Selection	11 Half Day Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	12 Egg & Cheese English Muffin Assorted Fruit 100% Fruit Juice Milk Selection	13 French Toast Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection
16 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection	17 Breakfast Holes Assorted Fruit 100% Fruit Juice Milk Selection	18 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	19 Sausage and Cheese English Muffin Assorted Fruit 100% Fruit Juice Milk Selection	20 Waffle Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection
23 Assorted Breakfast Bars Assorted Fruit 100% Fruit Juice Milk Selection	24 Breakfast Rings Assorted Fruit 100% Fruit Juice Milk Selection	25 Assorted Cereal with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	26 Half Day Egg & Cheese English Muffin Assorted Fruit 100% Fruit Juice Milk Selection	27 French Toast Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection
30 Bagel with Cream Cheese Assorted Fruit 100% Fruit Juice Milk Selection				

Connect with us!



Please Visit: www.maschiofood.com

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"